



Dickson Taekwondo News

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446-5622



Happy Birthday!

- Gabriella Surratt - 1st
- Abby Garrison - 7th
- Davin Mitchell - 9th
- Erin Young - 9th
- Ethan Paradise - 11th
- Allyson Williams - 12th
- Taylor Biggs - 16th
- Hunter Pewitt - 18th
- Tara Duncan - 20th
- Justin Duncan - 21st
- Gina Alfonsetti - 23rd
- Conner McCormick - 26th
- Mac Garrison - 26th
- Amy Beck - 29th

September Calendar

Sept. 2nd – No class in observance of Labor Day! Everyone have a safe and happy holiday!

Sept. 21st – Spar Wars in Memphis! Who will be this year’s competitor of the year???

Oct. 5th – Testing:
10:00 A.M. Children
12:00 P.M. Adults
(12 & Above)

Perseverance – Steady persistence in a course of action, especially in spite of difficulties, obstacles, or discouragement.

“Most of the important things in the world have been accomplished by people who have kept on trying when there seemed to be no hope at all.”

- Dale Carnegie, author,
How to Win Friends and Influence People

The ability to keep trying, to keep pushing, to keep working hard, even when it seems like nothing will work is what leads to success. This attitude of never quitting is one of the important lessons taught through martial arts classes. Too often individuals are ready to give up when difficulties arise. People need to be reminded that avoiding problems and challenges only keeps them from achieving their potential. It is important for individuals to surround themselves with positive people who can help keep them focused and are encouraging. Eventually, they will succeed and gain a sense of accomplishment. However, if they quit, it is more difficult to accomplish the goal next time.

“Once you learn to quit, it becomes a habit.”

- Vince Lombard, legendary NFL coach, Green Bay Packers

Quitting can become a bad habit for many people. During difficult times, it often seems easier to quit than to press on. And like other bad habits, once you have become comfortable quitting, it is easier and easier to do. But quitting when adversity arises is the quickest way to prevent ultimate success. There is a reason people continue to say, *“Quitters never win, and winners never quit.”*

“No mistake or failure is as bad as to stop and not try again.”

- John Wanamaker, founder, Wanamaker Department Stores