



Dickson TKD News

www.dicksonaekwondo.com

615-446-5622



March Birthdays

Davion Coone - 3rd
 Lucius Lewis - 3rd
 Robert Kaiser - 5th
 Matthew Blue - 7th
 William Ortiz - 8th
 Tony Lewis - 18th
 Steve Breese - 22nd
 Misty Bowen - 23rd
 Jack Mills - 24th
 Raleigh Poteet - 25th
 Christopher Heflin - 27th
 Nathaniel Simms - 27th
 Mackenzie Murdoff - 28th
 Terri McKeel - 28th
 Jaden Warren - 30th
 Deacon Hatley - 30th
 Bailey Patalano - 31st

Dear Parents,

Allow me to take this opportunity to thank you once again for your support of our school and your interest in your child's progress as a student. Active parent participation is a major contributor to the success of any growing, vibrant martial arts school.

Tony Lewis

March Calendar

Saturday, March 5th

CTF Regional Tournament

in Mt. Juliet, TN

Reminder! We will be collecting more points for the Male and Female Competitor of the Year trophies! For a complete explanation of how the points are collected, please refer back to February's newsletter.

Fifth Grade Assignment

Wouldn't this be great if it was taught in every school...

A fifth grade teacher in a Christian school asked her class to look at TV commercials and see if they could use them in 20 ways to communicate ideas about God.

Here are some of the results:

God is like... BAYER ASPIRIN - He works miracles.

God is like... A FORD - He's got a better idea...

God is like... COKE - He's the real thing.

God is like... HALLMARK CARDS - He cares enough to send His very best.

God is like... TIDE - He gets the stains out others leave behind.

God is like... GENERAL ELECTRIC - He brings good things to life.

God is like... WAL-MART - He has everything.

God is like... ALKA-SELTZER - Try Him, you'll like Him

God is like... SCOTCH TAPE - You can't see Him, but you know He's there.

God is like... DELTA - He's ready when you are.

God is like... ALLSTATE - You're in good hands with Him.

God is like... VO-5 Hair Spray - He holds through all kinds of weather

God is like... DIAL SOAP - Aren't you glad you have Him? Don't you wish everybody did? (that one is my favorite)

God is like... The U.S. POST OFFICE - Neither rain, nor snow, nor sleet nor ice will keep Him from His appointed destination.

God is like... CHEVROLET - the heartbeat of America

God is like... MAXWELL HOUSE - Good to the very last drop.

God is like... BOUNTY - He is the quicker picker upper... Can handle the tough jobs... And He won't fall apart on you.

RESISTANCE

An act or instance of opposition; an opposing or slowing force.

Martial arts students need to know the definition of resistance. Practicing and getting better at martial arts moves will help you resist quitting.

As you practice and get better at martial arts, you are resisting the desire to quit, even when you may think something is difficult. Think of a move you had difficulty doing at first, but now can do easily. It took time and practice, but just like everything else you do in life, you got better.

When you want something to happen you need to stick with it or be persistent. You've seen our demo team do some really cool moves during demonstrations. What some of you don't see is that they work very hard every week to get each move just right. They practice here and at home because they want it to look awesome. They resist the urge to be lazy and they don't give up.

Resistance can be a good thing. We can resist getting into trouble, we can resist negative peer pressure, and we can resist drugs. We can say "no" when we are asked to do something we know we shouldn't do. When we resist something that is not right or good for us, we can say we aren't going to do it because we know we shouldn't.

When you know something is not right, and you resist the temptation to give in, it can be a very positive moment in your life. You now know you have control over your choices and you chose to do what is right. You may be tempted not to do your homework, to smoke, to take a drug, or to do something wrong, but if you resist getting into trouble, you will feel much better about yourself in the long run.

A Look Forward into April

April 13th & 14th - Pretesting

April 16th - Testing

Children @ 10:00 a.m.

Adults @ 12:00 p.m.

"Every moment of resistance to temptation is a victory."

-Frederick William Faber

