



Dickson Taekwondo News



Visit our website at www.dicksonTaekwondo.com for updated information.

Summer Camp Schedule

June 1st – 5th (Test Prep Week)

June 8th – 12th

July 20th – 24th (Tournament Prep Week)

July 13th – 17th or 27th – 31st
(Dates will be verified in the month of May.)

Possible local CTF Black Belt Weekend Camp in Spring

2015 Tournament Schedule

March 7 ? – Aregis - Nashville

May 9 ? – Hernando

July 25 ? – Mt. Juliet

September 19th ??? – Memphis

November 7 ? – CTF Nationals

in Dickson or Murfreesboro

December 5th ? – Black Belt

Banquet in Memphis

(All dates can fluctuate by a week.)

2015 Testing Schedule

February 7th

March 6th – Black Belt Testing at Aregis (night before Tournament)

April 11th

June 6th

August 1st

October 3rd

December 2nd, 3rd, & 4th

(Attentively. Check each month's newsletter for updates.)

Testing will begin at 10:00 a.m. except for night testing in Dec.



January Birthdays

Isaiah Chastain – 3rd

Amanda Berry – 3rd

Autumn Bowen – 6th

Lillith Buster – 9th

Wayne Clark – 11th

Allison Blount – 12th

Ian Veasman – 14th

Evan Bess – 14th

Tyler Conkle – 18th

Garrett Hutchison – 19th

Ethan Holman – 20th

Whitney Curtis – 22nd

Kris Blount – 25th

Bobby Fielder – 28th

Jamie Bradbury – 29th

Matthew Breese – 29th

David Hooper - 29th

A Look Back at December Events

Around 150 people attended the Christmas Banquet and Belt Award Ceremony at Dickson Taekwondo! There was plenty of food, wonderful harmony, and gratitude.

It was announced that Mr. Tony Lewis was awarded 2014 CTF Instructor of the year & Emily McKeel CTF National Champion of her division. Jacob Beck was awarded Dickson Taekwondo's Male Competitor of the Year for 2014 trophy. Amanda Berry was awarded Dickson Taekwondo's Female Competitor of the Year for 2014 trophy

January Calendar

Our Annual Taekwondo Picture taking will be the nights of January 19th & 20th in the upstairs training area. Come in to see examples of pictures & to schedule your appointment. You may also call. Everything is done digitally; therefore, you will see the proof and approve which pose you would like to order the day of the shoot! We will attach their price guide to this newsletter & have one alongside the appointment page.

Building Strong Character is a Lifetime Pursuit

Often, when discussions of character arise it is usually in relation to two specific groups of people: 1) children – and the need to teach them the importance of developing a strong character; and 2) politicians – and their general lack of a strong character. Isn't it ironic how these two different groups often act so similarly... But that's a discussion for another day.

The point is that valuable character traits are even more important to our lives as adults than as children. As adults, we have the freedom to make decisions about how we will approach every situation in our lives. Will we act with integrity, honesty, courage, and compassion, or not? As children, most of us had someone in our lives who would correct our course if we strayed too far. We didn't always make those decisions for ourselves.

This is why our martial arts training is so important. We all know that martial arts teaches those strong values and character qualities we want to see in our children and in ourselves. However, it is often easy to overlook this aspect of your training if you are not careful. The physical nature of the martial arts often crowds out the more mental, emotional, and spiritual aspects. But as we mature as adults, it is these very areas, the discipline and character building attributes of the martial arts, which become much more important to our lives and our success.

Expectations – The act or state of looking forward or anticipating; a thing to look forward to; a prospect of future good or profit.