DICKSON TAEKWONDO NEWS

www.dicksontaekwondo.com 615-446-5622

August Birthdays

Elijah Stanfield 3rd Asher Bowman – 6th Cooper Ferebee – 6th Michelle Honchell -10th J.J. DeJean - 13th Landon Garcia - 14th Brian Chen – 14th Lennis Reid –16th Collin Degnan –16th Blake Graham - 18th Rebekah Donegan 21st Brandy Hudgins - 22nd Kassie Davidson – 25th Aaron Trimble – 26th Nathan Trimble – 26th Demond White Jr. 27th Malone Jackson 29th Kevin Hogin – 30th

~The Keeper of the Keys ~

You are the Keeper of the Keys.

You are the Guard at the Gate!

Waiting in line to get through the Door is Love & also Hate.

In line to enter is Gentle Peace ...

and also Violence and War.

You must choose whom may and Who May Not come

through that Door!

Intolerance tries to sneak on through

On wings of Fear or Pride.

It hides behind Dreams of Belonging

And tries to sneak inside.

Oh! Be alert! You're the Guard Who Decides

Who Goes and who may stay!

You are the Keeper of the Keys to your Mind.

Who will you let in today?

Dependable – Being someone people can count on.

Example: Mr. Smith chose Rebecca to lead the class, because he knew she was dependable. She always finished what she was asked to do in class quickly and correctly.

Everyone has opportunities every day to show others how dependable they are. When you are dependable, people don't have to ask if you have done something. If you have the reputation for being dependable, they know you did your work without being asked. Circle the statements that describe you in red, and the ones you need to work on in blue.

- I keep my promises
- I do what I say I will do.
- I arrive on time.
- I do not need a reminder to get a job done.
- I can be counted on to have the materials needed to get jobs done.
- I can work with others to see that things get done.
- I finish what I start.
- I am viewed as a person who keeps my word.